



Your friend has the classic signs and symptoms of a urinary tract infection (UTI): internal burning pain with urination and decreased frequency. Her problem is exacerbated by her dehydration; she may need Rx antibiotics to treat the UTI. Increase her fluid intake, monitor her core temperature, and begin a Level 3 Evacuation. Currently she can self-evacuate; although, depending on the severity of the infection, she may become so sick that she is no longer able to paddle. If this occurs, consider administering OTC phenazopyridine (AZO<sup>®</sup>, Uristat<sup>®</sup>). Phenazopyridine relieves the symptoms of a UTI but is not a cure; use for a maximum of two days during the evacuation.