



Joe is lucky. He has a stable injury to his right shoulder, an unstable right forearm that requires splinting, and a shallow head laceration. Since he is able to describe his fall in detail, he does not have a moderate or severe concussion and will not develop increased ICP. That said, you should monitor him for a mild concussion for another hour (refer to the chat below). Although the fingers of his right hand are noticeably weaker than those on his left during your focused spine assessment, he was able to pass the second motor exam and you can attribute the weakness to his forearm injury rather than a spine injury. Splint Joe's right forearm (use a padded aluminum splint if you have one). While not perfect, it's probably a better decision to keep Joe's injured arm free to aid his balance as he traverses and side-slips down and back to your vehicle. Buddy splinting to his body would likely protect his arm better but increase the odds of him falling. Take your time on the way out and head to the clinic or emergency department after you reach your vehicle.

Physical	Cognitive	Emotional	Sleep
Headache	Feeling mentally "foggy"	Irritable	Drowsy
Nausea	Feeling slow	Sad	Trouble falling asleep
Balance problems	Difficulty concentrating	Sensitive	Sleeping more than usual
Dizziness	Difficulty remembering	Nervous	Sleeping less than usual
Visual problems	Forgetful		
Fatigue	Confused		
Light sensitivity	Answers questions slowly		
Noise sensitivity	Repeats questions		
Numbness/tingling			
Dazed/stunned			