



Tamarack Camps Simulation Day Syllabus

Day 1: 8 am-6:00 pm (9 hrs)

- Basic Life Support Simulation 1
 - Basic Life Support Simulation 2
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- Traumatic Simulation 1
 - Traumatic Simulation 2
 - Traumatic Simulation 3
 - Traumatic Simulation 4

This is a custom course designed to help keep your wilderness medicine skills current. You need to have a current WFA, WAFA, or WFR certification from WMTC to attend. The course will start with Basic Life Support simulations and move quickly into full simulations. Each full simulation will be followed by a SOAP poster debrief. In order to get the most from the experience, you need to come prepared. Please:

1. Bring the latest copy of the Wilderness Medicine Handbook
2. Bring a full set of simulation clothing: long pants, long-sleeved shirt, & T-shirt
3. Cut and bring a T-shirt roll; you will be splinting during some simulations.
4. Download & review our [SOAP note](#).
5. Visit our [blog](#) and work through at least ten case studies (you can do more if you want).