



He may be having a photoallergic reaction from the sunscreen or a polymorphic light eruption (PMLE); see last week's blog for more information about both conditions. Discontinue use of the sunscreen and substitute a zinc oxide based sunblock. Given his history, where he lives, and age, it's likely PMLE. If so, it should resolve over the next few days. Consider applying a topical anti-itch cream with at least 1% and cold compresses to make him more comfortable; ibuprofen or naproxen may help reduce the inflammation and provide pain relief. Continue to have him wear his photoprotective clothing and see if you can find a wide-brimmed hat for him to wear during the remainder of the trip.

