



Red Flags for an urgent evacuation:

- Non-traumatic, non-tender chest pressure/pain. Short of breath. Sweating heavily. Current with cardiac medications.

Explanation:

- He may be having a heart attack and should be treated accordingly. Aspirin is the best pre-hospital treatment available and helps mitigate heart damage.

Field Treatment:

- Give 2-4 baby aspirin if no history of allergies.
- No exertion/exercise.

Evacuation Level:

- If pressure/pain resolves with rest in a few minutes: If possible, use your cell phone to call his personal physician for advice. Distribute the contents of his pack among the group members and have him walk slowly out. Put him in front of the line. Consider having an ambulance meet you at the trail head or notifying Search and Rescue for evacuation assistance.
- If pressure/pain continues: If possible, use your cell phone to call his personal physician for advice. Keep him calm, quiet, and in a seated or semi-reclining position. Use your cell phone to contact local Search and Rescue for evacuation assistance and transport him to the nearest hospital.