

Wilderness Medicine Case Study

Prompt action on your part saved the passenger's life. His current problem list includes:

- Near Drowning
- Unstable Cervical Spine
- Concussion
- Stable right knee
- Head Wound
- Dehydration

His anticipated problems include:

- Respiratory Distress 2^o delayed pulmonary edema
- Increased ICP

He should be evacuated immediately to the nearest hospital (Level 2) on a backboard. If possible, clean and dress his head wound before transport. If his nausea disappears, limit water to small sips until he arrives at the hospital and is evaluated by a physician. The water is clear and with a little luck he will likely make a complete recovery.