



Carl has heat stroke and **MUST** be cooled immediately. Wet his clothes with water from the seep and begin fanning him. Monitor his temperature and continue cooling him until his temperature is normal. Avoid cooling him so much that he begins to shiver. (Remember shivering produces heat).

Once cool, evaluate his hydration and electrolyte status. If he needs water, give him small sips of an electrolyte solution until his urine is clear. Call for an immediate helicopter evacuation; since Carl has not been able to acclimatize, he cannot remain in the field. If necessary spend the night at the seep and travel to a landing site in the early morning before the sun rises.

Carefully assess the remainder of your route in light of the heat and change it as necessary to reduce the daily heat challenge and allow acclimatization.