



While mild altitude sickness is possible, it's unlikely because your camp is below 8,000 feet, and AMS typically takes at least ten hours at a new altitude to develop. While their headaches may result from dehydration, you can't rule out carbon monoxide poisoning. Immediately, shut down the stove and have them move outside and layer up.

While Hap and Jo relax in their sleeping bags with hot soup, dig a sleeping trench in the snow, place snow blocks on three sides for wind protection, and erect a tarp above the trench. Break additional ventilation holes in your snow shelter and spend the night outside under the stars or in your emergency shelter if it becomes too cold or begins to snow.

Make an evacuation plan and reassess the situation in the morning. If Hap and Jo's headaches have not significantly resolved overnight, execute your evacuation plan. If their headaches are gone, consider hanging out in camp for the day before moving into your snow shelter the following evening. Cook outside.