



If you have been using moisturizer regularly, it obviously hasn't been enough. It's past time to step up the protection:

- Glue any cracked skin on your hands together with a Krazy Glue pen.
- Increase the number of times you apply moisturizer during the day.
- Slather Bag Balm on your skin at night covering your hands with plastic bags and sealing them at the wrist if you didn't bring gloves.
- Increase the number of times you apply lip protection during the day; use Bag Balm at night.
- Improvise and wear a face mask over the lower half of your face using a bandanna or part of a T-shirt when the wind kicks up. Remember to wear a hat or visor.

With concentrated focus on rehydrating your skin and less wind, you should be able to maintain the status quo and perhaps start healing any cracked skin or lips.