



Prompt action on your part saved Joe’s life. His current problem list includes:

- Drowning
- Possible spinal and/or spinal cord injury
- Moderate concussion; if his S/Sx worsen (see chart), he has a severe concussion.
- Stable right knee
- Head wound
- Dehydration

His anticipated problems include:

- Respiratory distress secondary to delayed pulmonary edema (from the drowning event) may develop within 4-6 hours
- If Joe develops the S/Sx of a severe concussion, his anticipated problem is increased ICP

Begin a Level 2 Evacuation to the nearest hospital. If Joe can safely navigate the terrain near the river, he can walk to a vehicle for transportation. If the terrain is too rough and there is a possibility he might fall, carry him. If it can be done quickly, or en route to the hospital, clean and dress his head wound. If Joe’s nausea disappears, limit water to small sips until he arrives at the hospital and is evaluated by a physician. The river water was clear and with a little luck he will likely make a complete recovery.

Physical	Cognitive	Emotional	Sleep
Headache	Feeling mentally "foggy"	Irritable	Drowsy
Nausea	Feeling slow	Sad	Trouble falling asleep
Balance problems	Difficulty concentrating	Sensitive	Sleeping more than usual
Dizziness	Difficulty remembering	Nervous	Sleeping less than usual
Visual problems	Forgetful		
Fatigue	Confused		
Light sensitivity	Answers questions slowly		
Noise sensitivity	Repeats questions		
Numbness/tingling			
Dazed/stunned			