



The sudden onset of the headache, light sensitivity, nausea, and vomiting should lead you to suspect she may be having a subarachnoid hemorrhage. Although rare, hemorrhagic strokes can occur in otherwise healthy people in their 20s and 30s; women are slightly more predisposed to this type of stroke than men. If this is a subarachnoid hemorrhage without surgical intervention she may die. She may develop a stiff neck as blood travels down the protective sheaths (meninges) of her brain along her brain stem and spinal cord over the next few minutes or hours.

Call 911 and arrange for a Level 1 Evacuation, likely from a rendezvous at the road but if a helicopter to a hospital capable of neurosurgery is available and faster, use it.

