



Jack appears to have a fractured rib on his lower left side (over his spleen). His elevated pulse rate may indicate internal bleeding or may be due to his rib fracture or sympathetic ASR (remember he is pain masking). Expect him to start complaining of pain in his lower left ribs and where his skin has been abraded by his sliding fall on the loose dirt and scree. Use your cell phone and contact the local sheriff's office to request evacuation assistance, ideally a helicopter. Keep Jack quiet and avoid exercise. If possible, build a warming fire. Give him your jackets in an attempt to keep him warm. (Eat and exercise to keep yourself and your friend warm.) Since he hit his head during his fall, monitor him for the S/Sx of a concussion for two hours.