



Bernie appears to have succumbed to heat stroke. Loosen his clothing and begin fanning him with anything readily available (folded newspaper, etc.). Ask your friend and any neighbors to go to their apartments and return as fast as possible with cold—preferably ice—water. Once the water arrives, use it to lower Bernie’s core temperature. Continue to cool him until he awakens. Once awake, do a complete patient assessment; pay particular attention to his history and vital signs. Monitor his core temperature and other vital signs; if possible, move him into an air-conditioned environment and transport him to a hospital (with air conditioning).