



John's biggest problem is he suffered a near fatal drowning; fortunately, your CPR was effective and he is currently awake with no respiratory distress. That said, he should be carefully monitored for developing pulmonary edema. In most cases, pulmonary edema develops within three hours. Begin a level 2 evacuation to a hospital for observation and further evaluation. If respiratory distress secondary develops while he is in the field, he may die. Since he is awake and alert with no spine pain, no spine tenderness, no shooting or electric-like pain, and normal motor and sensory exams, you can rule out a possible spine injury. If he is able to stand and bear weight on his injured right ankle, it is a stable injury. Splint it for the evacuation and, if possible, use compression donuts under the splint to minimize swelling and promote recovery. Since a MOI for concussion exists and John cannot remember the event, it's also prudent—however unlikely—to assume he has a moderate concussion and to monitor for worsening concussive S/Sx (severe concussion) and increased ICP.