

TOR Protocol for Wilderness & Remote Environments

Do ANY of the following Criteria Apply?

- The arrest is due to a traumatic mechanism of injury and the underlying cause cannot be reversed.
- Unacceptable risk for rescuer, rescuer is exhausted, or extreme environment where resuscitation is not possible.
- Evacuation to the nearest appropriate hospital is not possible or not safe.
- Patient has injuries incompatible with life.
- Avalanche victim with NO air pocket, NO signs of circulation after a 60-second pulse check, has snow in their mouth and/or nose, and burial time is estimated to be > 35 min.
- Drowning victim with a submersion time > 30 min in water > 43° F (6° C) or or submerged 90 min in colder water.
- Patient has a valid advanced directive, DNR or POLST order.

YES to ANY

Consider Withholding or Terminating Resuscitation Efforts

NO to ALL

Begin Resuscitation Efforts

Is the arrest due to special circumstances where extended resuscitation efforts may be warranted? For example:

- Lightning
- Cold water drowning
- Severe hypothermia
- Poisoning

NO

Do ANY of the following Criteria Apply?

- No return of spontaneous circulation after 20 min of CPR, no defibrillator available.
- No return of spontaneous circulation after 20 min of CPR, **and** no shock advised by AED at any time.
- No return of spontaneous circulation after 20 min of CPR **and** ≥ 3 shocks delivered by an AED.
- No return of spontaneous circulation after 20 min of CPR, **and** asystole observed on ECG.

YES to ANY

Consider Terminating Resuscitation Efforts

NO to ALL

Continue Resuscitation Efforts

YES