

14-day Pre-course Signs & Symptoms Log

	Day 14	Day 13	Day 12	Day 11	Day 10	Day 9	Day 8	Day 7	Day 5	Day 4	Day 3	Day 2	Day 1	Course Start
Date														
Oral Temp in degrees Fahrenheit														
Persistent Cough														
Loss of taste or smell														
Sore Throat														
Runny Nose														
Nasal or Sinus Congestion														
Shortness of Breath or Difficulty Breathing														
Headache														
Fatigue														
Muscle Aches														
Confusion														
Nausea, Vomiting, or Diarrhea														



First & Last Name _____

Signature confirming the above information is accurate _____ Date _____

Course Format & Type (circle one)

Hybrid Part 2: WFA WAFA WFR WEMT Recert

Standard: WFA WAFA WFR WEMT Recert

Course Sponsor _____

Course Dates _____

Directions Beginning 14 days before the start of your standard course or hybrid Part 2 practical session:

1. Enter the start date as follows: month-day-year 00-00-0000.
2. Enter the dates in the date row as follows: month-day 00-00.
3. For each take your oral core temperature and enter it in that column; answer the remaining questions with Yes or No.
4. Complete the bottom of the form.
5. Bring a hard copy of the completed log with your original signature class and give to your course instructor.

