the Wilderness Medicine Training Center

Course Registration Form

Name_____ Home Phone _____

Address_____ Work Phone _____

_____ E-mail _____

City _____ State _____ Zip code _____

Sponsor: Bowling Green State University Outdoor Program

Practical Session Dates: January 5-9, 2015

Location: Bowling Green, OH

hybrid DLP Wilderness First Responder

☐ $595

hybrid DLP Wilderness EMT

☐ $595

WEMT Students ONLY

I hold a current EMT certification in _____ state.

Registry number _____ Expiration Date _____

Attach a copy of your current EMT certification to this registration.

Course fees are not refundable unless the course is canceled. Make checks payable to BGSU Outdoor Program. MC, Visa, and Discover cards are accepted.

Card Type _____ Card Number _____

Expiration Date _____ Security Code_____

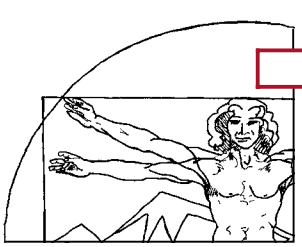
Your Signature _____Today's Date _____

Please complete the attached release form and return it with your registration & payment to:

Hybrid WFR & WEMT Course
Thad Long
BGSU Outdoor Program
110 Student Rec Center
Bowling Green, OH 43403

Questions?

Contact Thad Long
longtha@bgsu.edu
419-372-7479



the Wilderness Medicine Training Center

WildMedCenter.com

Agreement of Responsibility

Distance Learning Project courses offered by the Wilderness Medicine Training Center, Inc. are rigorous and require your full attendance and participation. You may find them mentally, physically, and emotionally demanding. You must successfully complete the didactic material and on-line testing prior attending the on-site practical session; if for any reason what-so-ever you are unable to successfully complete the didactic material and on-line testing prior to the start of the practical session, you will not be admitted to the practical session nor will you receive a refund. While every effort has been made to provide the materials required for you to successfully complete the distance learning portion of the course, including testing, the Wilderness Medicine Training Center does not assume responsibility for or guarantee your success.

Class time during the on-site practical session may exceed ten hours per day plus homework. You should be comfortable reading technical information, be able to write clearly, be able to communicate easily with other people, and you should be physically capable of lifting and carrying a minimum of 50 pounds without injury and moving safely in the outdoors in rough challenging terrain and environments without supervision. You are expected to bring the functional outdoor clothing that will protect you from the environment while participating in simulations. During simulations, skills practice, and some demonstrations you will be acting as a patient and as a rescuer; this requires you to touch and be touched by others during a patient exam and subsequent treatment. To protect your personal space you must wear your bathing suit (jog bra) and/or shorts under your simulation clothing for all labs and simulations; they will NOT be cut. Simulations may take place in water, on rocks, on uneven terrain, on steep slopes, on snow and in rain, snow, wind, or bright sun. The course does NOT require you to put yourself at risk of injury or illness. If you feel at risk at any time and for any reason during the course, STOP your participation in the activity and bring your concerns to the course instructors. Make a plan to address your concerns and resume your participation once you feel safe. Therefore, during your participation in any Wilderness Medicine Training Center, Inc. course, you are responsible for your emotional and physical safety at all times.

The Wilderness Medicine Training Center, Inc. agrees to present skills and techniques according to the practice guidelines established by the Wilderness Medical Society[1] and the National Association of EMS Physicians[2,3]. The Wilderness Medicine Training Center, Inc. is not liable if you do not adhere to those standards in a field situation. Nor does the Wilderness Medicine Training Center Inc. authorize you to use the skills presented. Your authorization will need to come from a licensed medical control (usually a physician advisor).

Once you have successfully completed the didactic session, on-line testing, and on-site practical portions of your Distance Learning Project (DLP) course, you will receive a certification card. This card acknowledges that you have successfully demonstrated the skills

Please initial here: _____

presented during your course according to the above practice guidelines at the time of your course. It does not certify that you will be able to continue to perform at that level. It is your responsibility to stay current with both your understanding and practice. Most medical control personnel require certification as a base-line for authorization.

If you have participated in a Wilderness First Aid or a special contract course, you will receive a completion card from the Wilderness Medicine Training Center, Inc. A WMTC Wilderness First Aid completion card certifies that you were present and engaged during the entire workshop but does not certify that you are proficient in the skills presented. WMTC Wilderness First Aid completion cards meet the first aid requirements of Labor & Industries, Boy Scouts of America (including Philmont Scout Ranch), American Camping Association, and many other state and federal agencies.

Your signature below indicates that you understand the above statements, meet the minimum course requirements, and that you are willing to abide by them. That you will not hold the Wilderness Medicine Training Center Inc., Sponsors, Instructors, etc. responsible or liable for your use of the material taught during your course OR for your emotional or physical safety before, during, or after your course. You also agree to be financially responsible for equipment and supplies damaged beyond normal wear and tear as determined by your instructors. and/or the course sponsor. Finally, you agree that any photos or video taken during your course and in which you appear may be used by the Wilderness Medicine Training Center, Inc for marketing or training purposes. Such use may include but is not limited to WMTC books and publications, posters, Training DVDs, the Wilderness Medicine Training Center Inc web site, Wilderness Medicine Training Center Inc social pages, etc. and that no fee will be paid to you by Wilderness Medicine Training Center, Inc for such use.

1. Forgey, W.W.: Wilderness Medical Society Practice Guidelines, Merrillville, ICS Books, c1995, c2001, c2005.
2. Hopson, Laura R. et al: Guidelines for Withholding or Termination of Resuscitation in Prehospital Traumatic Cardiopulmonary Arrest, NAEMSP Position Paper, c2002
3. Domeier, Robert M., Indications for Prehospital Spinal Immobilization, NAEMSP Position Paper, c1999

Type of DLP Course (circle one): WEMT WFR WAFA Review WFA Contract

Name of Course Sponsor: _____

Location of Course: _____ Course Dates: _____

_____ _____

Your Signature Date

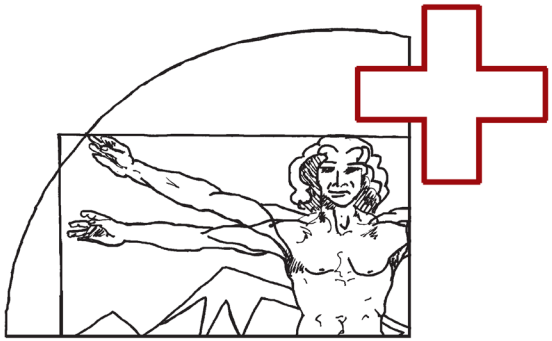
_____ _____

Please Print Your Name Clearly Signature of parent or guardian if under 18

 Please initial here: _____

DLP Wilderness First Responder & Wilderness EMT

Bowling Green State University ~ Bowling Green, Ohio



wildmedcenter.com

Our hybrid DLP WFR & WEMT course requires you to successfully complete the online WFR or WEMT exams prior to attending the practical session. Use our online case studies the Art & Technique of Wilderness Medicine, the Wilderness Medicine Handbook, and the presentations on the course web site to prepare for your online tests and practical session. Access to the course web site and online test will be sent to you via email from our office; complete directions are on the home page of the course web site. If you have registered and paid for your DLP WFR & WEMT course and do not receive your login information, please contact our office.

Online Presentations

Refer to the course web site for details:
WFR URL: WildernessFirstResponderOnline.com
WEMT URL: WildernessEMTonline.com

General Presentations

- Course Introduction & Medical/Legal Concepts
- General Concepts in Patient Care
- Body Defenses
- Basic Pharmacology
- Patient Assessment System

Trauma Presentations

- Introduction to Trauma
- Increased ICP & Concussion
- Bleeding & Volume Shock
- Respiratory Distress & Arrest
- Stable & Unstable Extremity Injuries
- Spine & Cord Injuries
- Dislocations
- Wounds
- Focused Spine Assessment

Environmental Presentations

- Dehydration
- Heat Illnesses
- Sun Exposure
- Hypothermia
- Cold Injuries
- Near Drowning
- Allergies
- Wilderness Toxins
- Lightning Injuries
- Acute Mountain Sickness
- Diving Injuries
- Sea & Motion Sickness

Medical Presentations

- Infectious Diseases
- Circulatory System Problems
- Respiratory System Problems
- Gastrointestinal System Problems
- Genitourinary System Problems
- Diabetes
- Asthma
- Seizures
- Ear Problems
- Eye Problems
- Nose Problems
- Tooth & Gum Problems

Practical Session

Dates: January 5-9, 2015

Day 1: 8 AM Monday January 5th

- Course Introduction
- Basic Life Support Skills Lab & Simulations
- 3rd Triangle Skills Lab
- Review SOAP Evaluation Process
- Traumatic Video Simulation
- Focused Spine Assessment Lab
- Traumatic Video Simulation
- Case Study Homework

Evening Session

- Adult & Child CPR & AED Skills Lab

Day 2: 8 AM Tuesday January 6th

- Case Study Homework Review
- Basic Extremity Splinting Lab
- Wound Cleaning Lab
- Traumatic Video Simulations
- Case Study Homework

Evening Session

- Injection Lab
- Allergies & Wilderness Bites & Stings Quiz

Day 3: 8 AM Wednesday January 7th

- Case Study Homework Review
- Advanced Extremity Splinting Lab
- Dislocations Lab
- Spine Management for the Solo Rescuer
- One-on-one Traumatic & Environmental Video Simulations
- Case Study Homework

Day 4: 8 AM Thursday January 8th

- Case Study Homework Review
- Spine Management Lab
- Medical Assessment Demo
- One-on-one Medical & Environmental Simulations
- Case Study Homework

Evening Session

- **Interactive Digital Case Studies**

Day 5: 8 AM Friday January 9th

- Case Study Homework Review
- Hypothermia Packaging Lab
- Improvised Litters & Carries Lab
- Mass Casualty Video Simulation
- Course Debrief & Closing
- Clean-up

General Course Information

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The Wilderness Medicine Training Center agrees to present skills and techniques according to the practice guidelines established by the Wilderness Medical Society and the National Association of EMS Physicians. The Wilderness Medicine Training Center is not liable if you do not adhere to those standards in a field situation. Nor does the Wilderness Medicine Training Center authorize you to use the skills presented. Your authorization will need to come from a licensed medical control (usually a physician advisor).

When you have successfully completed your home study, online testing, and practical session, you will receive a Wilderness First Responder—or Wilderness EMT—and Wilderness Adult & Child and AED certification from the Wilderness Medicine Training Center. The certification cards acknowledge that you have successfully demonstrated the skills presented during your course according to the above practice guidelines. They do not certify that you will be able to continue to perform at that level. It is your responsibility to stay current with both your understanding and practice. Most medical control personnel require certification as a base-line for authorization. You must take and pass an approved Recertification course before your certification expires (see the WMTC web site for details).

During your practical session you will be spending quite a bit of time outside (snow, rain, hopefully sun, etc.) and will likely get very dirty during many of the skills sessions and simulations. Bring clothing appropriate to the weather. It should be tough and old enough to withstand a beating. You will also need to bring a notebook, pen, pencil, backpack, water bottle, a pair of heavy hiking socks, and two sets of old clothing that may be cut (two pair of long sleeved shirts, two pair of long pants, and two T-shirts). “Cutable” clothing is required for simulations and practice. For more details on WMTC courses, please download our Student Booklet; the booklet is available as a pdf file from the “Downloads & Links” page on our Website.

Course tuition includes instruction, access to a dedicated web site with lecture material, our waterproof field manual *the Wilderness Medicine Handbook,* and WMTC Patient SOAP notes. Class begins at 8 AM each morning, breaks for lunch from between 12-1, and the afternoon session ends between 5:30-6 PM. The evening sessions on days one, two and three typically begin after dinner; exact times will be announced at the start the practical session by your instructor.

You must sign an *Agreement of Responsibility* (our release form) as it acknowledges your understanding of the above information; if you choose not to sign the agreement, you will not be able to participate in the course.

DLP Wilderness First Responder & Wilderness EMT Lab Descriptions

- Basic Life Support Lab: Addresses all elements of the Scene size-up and Initial Patient Exam. Cutable simulation clothing is required.
- Adult & Child CPR and AED Skills Lab (evening session): Adult & Child CPR, AED, and Obstructed Airway.
- Wound Cleaning Lab: Pig’s feet are used for training realistic wound cleaning, removal of impaled objects (including fishooks).
- Basic Extremity Splinting Lab: SAM splints are used to improvise effective extremity splints. Bring a cut T-shirt roll and a pair of heavy hiking socks.
- Advanced Extremity Splinting Lab: common expedition equipment is used to improvise effective lower extremity splints.
- 3rd Triangle Skills Lab: Demos physical exam, vital signs, SAMPLE History and SOAP documentation in preparation for full simulations.
- Focused Spine Assessment Lab: How to assess and rule out possible spine injuries in a wilderness context.
- Injection Lab: Hands-on instruction in injectable epinephrine required for the treatment of systemic allergic reactions.
- Dislocations Lab: Relocation techniques for indirect anterior shoulder, lateral patella, and digits are demonstrated and practiced. Jaw reduction and passive anterior shoulder reduction techniques are demonstrated.
- Spine Management Lab: Lifting and moving spine injured patients and subsequent spinal motion restriction with patient on back and side in a litter, ± backboard.
- Improvised Hypothermia Packaging Lab: Sleeping bags, pads, tarps or bivy sack, plastic sheeting, and water bags/bottles are used to improvise a hypothermia pacakge.
- Improvised Litter Lab: daisy chain rope litter is demonstrated and practiced ± stretcher litter.
- Video Simulations: Role plays incorporating patient assessment & documentation. Make-up is used to increase the scene’s reality. Cutable simulation clothing is required. Portions of each simulation are videoed for after-action discussion.
- Environmental & Medical Tag-team simulations: a simulation variation designed to teach diagnosis of challenging environmental and medical problems.
- Mass Casualty Video Simulation: Students respond to a mass casualty scene as a group. The simulation is videoed for after-action discussion.