



Course Registration Form

Name _____ Home Phone _____

Address _____ Cell Phone _____

_____ E-mail _____

City _____ State _____ Zip code _____

Sponsor: Bowling Green State University Outdoor Program

March 31 -April 1

Location: Bowling Green, OH

DLP Wilderness First Aid

\$190

Recertification Students ONLY

I am attending this course to recertify my current: Wafa WFR WEMT

My current certification card has been issued by: WMTC WMA WMI SOLO

AIRE DMM WMO RMI Sierra Rescue Other: _____

If you selected "Other" please contact the WMTC office to see if your certification is eligible for recertification with WMTC PRIOR to registering for this course.

E-mail office@wildmedcenter.com or phone: 509-996-2502.

Attach a copy of your current certification card. Expiration Date _____

Discounts apply when the registration and full payment are postmarked prior to or on the cut-off date. Course fees are not refundable unless the course is canceled. Make checks payable to BGSU Outdoor Program. Mastercard, Visa, and Discover are accepted.

Card Type _____ Card Number _____

Expiration Date _____ Security Code _____

Your Signature _____ Today's Date _____

Please complete the attached release form and return it with your registration & payment to:

Wilderness First Aid
Jerome Gabriel
Bowling Green State University
Outdoor Program
109 Perry Field House
Bowling Green, OH 43403

Questions?
Contact Jerome Gabriel
jeromeg@bgsu.edu
419-372-2146



Agreement of Responsibility

Distance Learning Project courses offered by the Wilderness Medicine Training Center, Inc. are rigorous and require your full attendance and participation. You may find them mentally, physically, and emotionally demanding. You must successfully complete the didactic material and on-line testing prior attending the on-site practical session; if for any reason what-so-ever you are unable to successfully complete the didactic material and on-line testing prior to the start of the practical session, you will not be admitted to the practical session nor will you receive a refund. While every effort has been made to provide the materials required for you to successfully complete the distance learning portion of the course, including testing, the Wilderness Medicine Training Center does not assume responsibility for or guarantee your success.

Class time during the on-site practical session may exceed ten hours per day plus homework. You should be comfortable reading technical information, be able to write clearly, be able to communicate easily with other people, and you should be physically capable of lifting and carrying a minimum of 50 pounds without injury and moving safely in the outdoors in rough challenging terrain and environments without supervision. You are expected to bring the functional outdoor clothing that will protect you from the environment while participating in simulations. During simulations, skills practice, and some demonstrations you will be acting as a patient and as a rescuer; this requires you to touch and be touched by others during a patient exam and subsequent treatment. To protect your personal space you must wear your bathing suit (jog bra) and/or shorts under your simulation clothing for all labs and simulations; they will NOT be cut. Simulations may take place in water, on rocks, on uneven terrain, on steep slopes, on snow and in rain, snow, wind, or bright sun. The course does NOT require you to put yourself at risk of injury or illness. If you feel at risk at any time and for any reason during the course, STOP your participation in the activity and bring your concerns to the course instructors. Make a plan to address your concerns and resume your participation once you feel safe. Therefore, during your participation in any Wilderness Medicine Training Center, Inc. course, you are responsible for your emotional and physical safety at all times.

The Wilderness Medicine Training Center, Inc. agrees to present skills and techniques according to the practice guidelines established by the Wilderness Medical Society¹ and the National Association of EMS Physicians^{2,3}. The Wilderness Medicine Training Center, Inc. is not liable if you do not adhere to those standards in a field situation. Nor does the Wilderness Medicine Training Center Inc. authorize you to use the skills presented. Your authorization will need to come from a licensed medical control (usually a physician advisor).

Once you have successfully completed the didactic session, on-line testing, and on-site practical portions of your Distance Learning Project (DLP) course, you will receive a certification card. This card acknowledges that you have successfully demonstrated the skills

presented during your course according to the above practice guidelines at the time of your course. It does not certify that you will be able to continue to perform at that level. It is your responsibility to stay current with both your understanding and practice. Most medical control personnel require certification as a base-line for authorization.

If you have participated in a Wilderness First Aid or a special contract course, you will receive a completion card from the Wilderness Medicine Training Center, Inc. A WMTC Wilderness First Aid completion card certifies that you were present and engaged during the entire workshop but does not certify that you are proficient in the skills presented. WMTC Wilderness First Aid completion cards meet the first aid requirements of Labor & Industries, Boy Scouts of America (including Philmont Scout Ranch), American Camping Association, and many other state and federal agencies.

Your signature below indicates that you understand the above statements, meet the minimum course requirements, and that you are willing to abide by them. That you will not hold the Wilderness Medicine Training Center Inc., Sponsors, Instructors, etc. responsible or liable for your use of the material taught during your course OR for your emotional or physical safety before, during, or after your course. You also agree to be financially responsible for equipment and supplies damaged beyond normal wear and tear as determined by your instructors. and/or the course sponsor. Finally, you agree that any photos or video taken during your course and in which you appear may be used by the Wilderness Medicine Training Center, Inc for marketing or training purposes. Such use may include but is not limited to WMTC books and publications, posters, Training DVDs, the Wilderness Medicine Training Center Inc web site, Wilderness Medicine Training Center Inc social pages, etc. and that no fee will be paid to you by Wilderness Medicine Training Center, Inc for such use.

1. Forgey, W.W.: Wilderness Medical Society Practice Guidelines, Merrillville, ICS Books, c1995, c2001, c2005.
2. Hopson, Laura R. et al: Guidelines for Withholding or Termination of Resuscitation in Prehospital Traumatic Cardiopulmonary Arrest, NAEMSP Position Paper, c2002
3. Domeier, Robert M., Indications for Prehospital Spinal Immobilization, NAEMSP Position Paper, c1999

Type of DLP Course (circle one): WEMT WFR WAFA Review WFA Contract

Name of Course Sponsor: _____

Location of Course: _____ Course Dates: _____

Your Signature

Date

Please Print Your Name Clearly

Signature of parent or guardian if under 18

DLP Wilderness First Aid

Bowling Green State University Outdoor Program~ Bowling Green, OH

Distance Learning Presentations

Refer to the course web site for details:
WFA URL: WildernessFirstAidOnline.com
Recertification URL: WFRWEMTrecertification.com

General Presentations

- Course Introduction & Medical/Legal Considerations
- General Concepts in Patient Care
- Body Defenses
- Patient Assessment System

Trauma Presentations

- Introduction to Trauma
- Increased ICP & Concussion
- Bleeding & Volume Shock
- Respiratory Distress & Arrest
- Stable & Unstable Extremity Injuries
- Wounds
- Focused Spine Assessment

Environmental Presentations

- Dehydration
- Heat Illnesses
- Sun-related Injuries
- Hypothermia
- Cold Injuries
- Near Drowning
- Allergies
- Wilderness Toxins

Medical Presentations

- Infectious Diseases
- Atherosclerosis, Angina, Heart Attack, & Stroke
- Medical Emergencies

On-site Practical Session

Dates: **March 31-April 1, 2012**

Day 1: 8 AM **Saturday March 31**

- Basic Life Support Skills Lab & Simulation
- 3rd Triangle Skills Lab & SOAP Evaluation Process
- Traumatic Simulation
- Focused Spine Assessment Lab
- Traumatic Simulation
- Case Study Homework

Evening Session (1-2 hrs)

- Injection Lab (1 hr)
- Allergies & Wilderness Bites & Stings Quiz (1 hr)

Day 2: 8 AM **Sunday April 1**

- Case Study Homework Review
- Traumatic Simulation
- Wound Cleaning Lab
- Basic Extremity Splinting Lab
- Medical Tag-team Simulations
- Course Debrief & Closing
- Clean-up

General Course Information

Courses taught by the Wilderness Medicine Training Center are rigorous and require your full attendance and participation. You may find them mentally, physically, and emotionally demanding. Class time during your practical session may exceed ten hours per day plus homework. You should be comfortable reading technical information, be able to write clearly, be able to communicate easily with other people, and you should be physically capable of lifting and carrying a minimum of 50 pounds without injury. During simulations, labs, and demonstrations you will be acting as a patient and as a rescuer; this requires you to touch and be touched by others during a patient exam and subsequent treatment. To protect your personal space you must wear your bathing suit (jog bra) and/or shorts under your simulation clothing for all PAS Labs; they will NOT be cut. You are responsible for your emotional and physical safety at all times during the course.

The Wilderness Medicine Training Center agrees to present skills and techniques according to the practice guidelines established by the Wilderness Medical Society, the National Association of WMS Physicians, and the American Heart Association. The Wilderness Medicine Training Center is not liable if you do not adhere to those standards in a field situation. Nor does the Wilderness Medicine Training Center authorize you to use the skills presented. Your authorization will need to come from a licensed medical control (usually a physician advisor).

When you have successfully completed the didactic material, on-line testing, and the on-site practical session of your Wilderness First Aid course, you will receive a WFA and WCPR certification card from the Wilderness Medicine Training Center. The cards acknowledge that you have successfully demonstrated the skills presented during your course according to the above practice guidelines. They do not certify that you will be able to continue to perform at that level. It is your responsibility to stay current with both your understanding and practice. You must recertify before your certification expires; there is no grace period (see the WMTC web site for details).

If you wish to use this course to recertify an existing WAFA, WFR, or WEMT certification, you MUST ensure that your certification is current or in your grace period, you have registered for the Recertification part of the course, received the Recertification DVD and access to the Recertification tests; the DVD and tests are different than those given to WFA students. Upon successful completion of the Recertification didactic material, on-line testing, and on-site practical session you will be issued a WMTC certification commensurate with your original certification. *Your current WAFA, WFR, or WEMT certification must be validated by a WMTC instructor prior to issuing you a new certification; bring a copy of your current certification with you to the course.*

During your practical session you will be spending quite a bit of time outside (snow, rain, hopefully sun, etc.). You will likely get very dirty during many of the labs and simulations. Bring clothing appropriate to the weather. It should be tough and old enough to withstand a beating. You will also need to bring a notebook, pen, pencil, watch, daypack, water bottle, a pair of heavy hiking socks, and two sets of old clothing that may be cut during simulations (two long sleeved shirts, two pair of long pants, and 2 T-shirts). "Cuttable" clothing is required for the video simulations and practice. To maintain your personal space bring shorts or a bathing suit (jog bra for women) to wear under your clothes during practice sessions and simulations. They will NOT be cut.

You must sign an *Agreement of Responsibility* (our release form) as it acknowledges your understanding of the above information; if you choose not to sign the agreement, you will not be able to participate in the course.

Course tuition includes instruction, access to a dedicated web site with lecture material, our waterproof field manual *the Wilderness Medicine Handbook*, and WMTC Patient SOAP notes. On days 2 & 3 class begins at 8 AM each morning, breaks for lunch from between 12-1, and the afternoon session ends days at 5:30 PM. The Day 2 evening session begins after dinner; the exact time will be announced at the start the practical session by your instructor.

DLP Wilderness First Aid Lab Descriptions

- Basic Life Support Lab: Addresses all elements of the Scene size-up and Initial Patient Exam. Cuttable simulation clothing is required. CPR certification is not included in this course.
- Wound Cleaning Lab: Pig's feet are used for training realistic wound cleaning.
- Extremity Splinting Lab: SAM splints and sleeping pads are used to improvise effective extremity splints. Bring a cut T-shirt roll and a pair of heavy hiking socks.
- 3rd Triangle Skills Lab: Demos physical exam, vital signs, SAMPLE History and SOAP documentation in preparation for full simulations.
- Focused Spine Assessment Lab: How to assess and rule out possible spine injuries in a wilderness context.
- Injection Lab: Hands-on instruction in injectable epinephrine required for the treatment of systemic allergic reactions.
- Simulations: Role plays incorporating patient assessment & documentation. Make-up is used to increase the scene's reality. Cuttable simulation clothing is required.
- Environmental & Medical Tag-team simulations: a simulation variation designed to teach diagnosis of challenging environmental and medical problems.