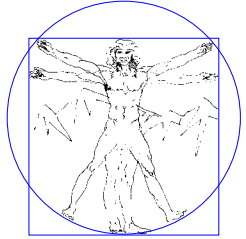


# the Wilderness Medicine Training Center



## Course Registration Form

Name \_\_\_\_\_ Home Phone \_\_\_\_\_

Address \_\_\_\_\_ Work Phone \_\_\_\_\_

\_\_\_\_\_ E-mail \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip code \_\_\_\_\_

Sponsor: Southwest Rescue

Standard Re-certification & Review Course

Location: Durango, CO

Dates: April 23-25, 2010

Cost: \$250

Please complete this section.

I am attending this course to recertify my current:  WAFA  WFR  WEMT

My current certification card has been issued by:  WMTC  WMA  WMI  SOLO

AIRE  DMM  WMO  RMI  Sierra Rescue  Other: \_\_\_\_\_

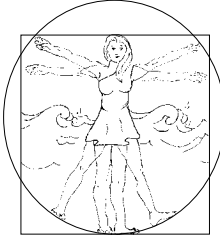
If you selected "Other" please contact the WMTC office to see if your certification is eligible for recertification with WMTC PRIOR to registering for this course.

E-mail [office@wildmedcenter.com](mailto:office@wildmedcenter.com) or phone: 509-996-2502

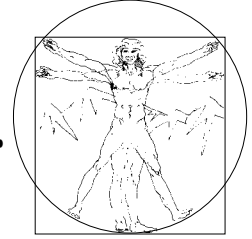
Discounts apply when the registration and full payment are postmarked prior to or on the cut-off date. Course fees are not refundable unless the course is canceled. Make checks payable to Southwest Rescue. Sorry, we can't accept credit cards.

Please complete the attached release form and return it with your registration & payment to:

Aaron Ball  
WFR/WEMT Course Registration  
Southwest Rescue  
67 Aspen Drive-Aspen Trails  
Durango, CO 81301



# the Wilderness Medicine Training Center, Inc.



## Agreement of Responsibility

Courses offered by the Wilderness Medicine Training Center, Inc. are rigorous and require your full attendance and participation. You may find them mentally, physically, and emotionally demanding. Class time may exceed ten hours per day plus homework. You should be comfortable reading technical information, be able to write clearly, be able to communicate easily with other people, and you should be physically capable of lifting and carrying a minimum of 50 pounds without injury and moving safely in the outdoors in rough challenging terrain and environments without supervision. You are expected to bring the functional outdoor clothing that will protect you from the environment while participating in simulations. During simulations, skills practice, and some demonstrations you will be acting as a patient and as a rescuer; this requires you to touch and be touched by others during a patient exam and subsequent treatment. To protect your personal space you **MUST** wear your bathing suit (jog bra) and/or shorts under your simulation clothing for all PAS Labs; they will **NOT** be cut. Simulations may take place in water, on rocks, on uneven terrain, on steep slopes, on snow and in rain, snow, wind, or bright sun. The course does **NOT** require you to put yourself at risk of injury or illness. If you feel at risk at any time and for any reason during the course, **STOP** your participation in the activity and bring your concerns to the course instructors. Make a plan to address your concerns and resume your participation once you feel safe. Therefore, during your participation in any Wilderness Medicine Training Center, Inc. course, you are responsible for your emotional and physical safety at all times.

The Wilderness Medicine Training Center, Inc. agrees to present skills and techniques according to the practice guidelines established by the Wilderness Medical Society<sup>1</sup>, the National Association of EMS Physicians<sup>2,4,5</sup>, and the spine management guidelines established by Peter Goth, MD<sup>3</sup>. The Wilderness Medicine Training Center, Inc. is not liable if you do not adhere to those standards in a field situation. Nor does the Wilderness Medicine Training Center, Inc. authorize you to use the skills presented. Your authorization will need to come from a licensed medical control (usually a physician advisor).

If you have successfully completed a certification course (WEMT, WFR, WAFSA, or Review) taught by the Wilderness Medicine Training Center, Inc., you will receive a certification card from the Wilderness Medicine Training Center, Inc.. This card acknowledges that you have successfully demonstrated the skills presented during your course according to the above practice guidelines at the time of your course. It does not certify that you will be able to continue to perform at that level. It is your responsibility to stay current with both your understanding and practice. Most medical control personnel require certification as a baseline for authorization.

If you have participated in a workshop (Wilderness First Aid or a special contract), you will receive a workshop card from the Wilderness Medicine Training Center, Inc. A workshop card states that you were present during the entire workshop. Although the material presented during the workshop will be based on the practice guidelines outlined above, you will not be tested and the card does not certify your ability to perform to those standards. A workshop completion card meets the Labor & Industries, Boy Scouts of America (including Philmont Scout Ranch), American Camping Association, and other state and federal 16-24 hour first aid requirements.

1. Forgey, W.W.: Wilderness Medical Society Practice Guidelines, Merrillville, ICS Books, c1995, c2001, c2005.
2. Goth, Peter and Garnett, George: Clinical Guidelines for Delayed or Prolonged Transport, Lenexa, National Association of EMS Physicians, c1991-1993
3. Goth, Peter: Spine Injury: Clinical Criteria for Assessment and Management, Augusta, Medical Care Development, Inc., c1994.
4. Hopson, Laura R. et al: Guidelines for Withholding or Termination of Resuscitation in Prehospital Traumatic Cardiopulmonary Arrest, NAEMSP Position Paper, c2002
5. Domeier, Robert M., Indications for Prehospital Spinal Immobilization, NAEMSP Position Paper, c1999

Your signature below indicates that you understand the above statements, meet the minimum course requirements, and that you are willing to abide by them. That you will not hold the Wilderness Medicine Training Center, Inc., Sponsors, Instructors, etc. responsible or liable for your use of the material taught during your course. That you will not hold the Wilderness Medicine Training Center, Inc., Sponsors, Instructors, etc. responsible or liable for your emotional or physical safety before, during, or after your course. You also agree to be financially responsible for equipment and supplies damaged beyond normal wear and tear as determined

Type of Course (circle one):    WFR    WAFA    Review    WFA    Contract

Name of Course Sponsor: \_\_\_\_\_

Location of Course: \_\_\_\_\_

Course Dates: \_\_\_\_\_

\_\_\_\_\_  
Your Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Please Print Your Name Clearly

\_\_\_\_\_  
Signature of parent or guardian if under 18 years

## *Review & Recertification Course Syllabus*

*Southwest Rescue ~ Durango, CO*  
*April 23-25, 2010 (27 hours)*

### *Day 1: Friday April 23*

- Opening & Course Paperwork
- Course Introduction
- General Anatomy and Physiology Review
- General Systems Review: Trauma
- Case Study Quiz 1
- Patient Assessment System Review (PAS), Part 1
- Basic Life Support (BLS) Lab: Skills Review & BLS Drill
- Patient Assessment System Review (PAS), Part 2
- 2:1 PAS Lab/no treatment
- EVENING SESSION: Wilderness CPR & AED Certification<sup>4</sup>

### *Day 2: Saturday April 24*

- Review Cold and Heat Related Problems
- Case Study Quiz 2
- Extremities Splinting Lab
- Dislocations Review Lab
- Spine Assessment Review & Lab
- 2:1 PAS Lab/no treatment

### *Day 3: Sunday April 25*

- Toxins & Allergies Review
- Anaphylaxis Lab
- Case Study Quiz 3
- Spine Management Lab: lifting & moving, litter & backboard packaging
- Written Exam & Review
- Open Forum Case Studies Review
- General Debrief and Closing

1. Forgey, W.W.: **Wilderness Medical Society Practice Guidelines**, Merrillville, ICS Books, c1995.
2. Goth, Peter and Garnett, George: **Clinical Guidelines for Delayed or Prolonged Transport**, Lenexa, National Association of EMS Physicians, c1991-1993
3. Goth, Peter: **Spine Injury: Clinical Criteria for Assessment and Management**, Augusta, Medical Care Development, Inc., c1994.
4. WMTC Wilderness CPR & AED certification is included in the course tuition; AHA HeartSaver certification is available for an additional \$15.

## **General Course Information**

Courses offered by the Wilderness Medicine Training Center are rigorous and require your full attendance and participation. You may find them mentally, physically, and emotionally demanding. You should be comfortable reading technical information, be able to write clearly, be able to communicate easily with other people, and you should be physically capable of lifting and carrying a minimum of 50 pounds without injury. During simulations, PAS drills, and some demonstrations you will be acting as a patient and as a rescuer; this requires you to touch and be touched by others during a patient exam and subsequent treatment. **To protect your personal space you MUST wear your bathing suit (jog bra) and/or shorts under your simulation clothing for all PAS Labs; they will NOT be cut.** During your participation in any Wilderness Medicine Training Center course, you are responsible for your emotional and physical safety at all times.

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**Complete the pre-course exam. There will be quizzes and testing throughout your Review & Recertification course.** You should study the course material prior to your arrival. When you have successfully completed the Review & Recertification Course, you will receive a certification card from the Wilderness Medicine Training Center. This card acknowledges that you have successfully demonstrated the skills presented during your course according to the above practice guidelines<sup>1,2,3</sup>. It does not certify that you will be able to continue to perform at that level. It is your responsibility to stay current with both your understanding and practice. Most medical control personnel require certification as a base-line for authorization. You will be asked to sign an "Agreement of Responsibility" that acknowledges your understanding of the above information on the first day of your course.

You will be spending quite a bit of time outside (snow, possibly rain, hopefully sun, etc.). You will likely get very dirty during many of the skills sessions and simulations. Bring clothing appropriate to the weather. It should be tough and old enough to withstand a beating. **You will also need to bring a notebook, pen, pencil, one set of old clothing (long sleeves, long pants that may be cut), and 2 t-shirts (that may also be cut).** "Cuttable" clothing is required for simulations and practice. During your course you will be participating in many simulations as both a rescuer and a patient. The course price<sup>1</sup> includes instruction, Patient SOAP Notes, and our new waterproof/tearproof field manual: the Wilderness Medicine Handbook. Remember to review the material from your previous course and **bring your current certification with you.** You can not be issued a new certification without presenting your old one. Course materials will be available on day 1.